



# WEEK 1

STEP 1 Choose from...

## Main

## Vegetarian

## Combo

...and to finish!

Bread and Salad will be available at Lunch Times



### MONDAY

**BBQ Chicken**

to go with

Coleslaw, Half Jackets

**Quorn Chilli Tacos**

to go with

Mixed Vegetables & Pasta Mayo

**Pasta**

to go with

Sweetcorn  
with choice of fillings  
Homemade Tomato & Basil Sauce

**Fruit Waffles**

to go with  
Chocolate Sauce

Fresh Fruit Bar,  
Yoghurt, Cheese and  
Biscuits, Jelly

### TUESDAY

**Meat & Potato Pie**

to go with

Peas, Mashed Potato, Gravy

**Singapore Noodles**

to go with

Green Beans

**Jacket Potato**

to go with

Green Beans, Salmon & Tomato  
- JP Filling  
with choice of fillings  
Baked Beans, Grated Cheese

**Peaches & Ice Cream**

Fresh Fruit Bar,  
Yoghurt, Cheese and  
Biscuits, Jelly

### WEDNESDAY

**Roast Chicken & Stuffing**

to go with

Broccoli, Carrots, Roast Potatoes, Gravy

**Quorn Roast**

to go with

Broccoli, Carrots, Roast Potatoes

**Pasta**

to go with

Broccoli, Carrots  
with choice of fillings  
Homemade Tomato & Basil Sauce

**Homemade Chocolate Muffins**

Fresh Fruit Bar,  
Yoghurt, Cheese and  
Biscuits, Jelly

### THURSDAY

**Sweet & Sour Chicken**

to go with

Green Beans, Mixed Rice

**Pasta with Lentil & Pepper Sauce**

to go with

Homemade White Bread, Sweetcorn

**Jacket Potato**

to go with

BBQ Baked Beans  
Sticky Pear and Chocolate Pudding  
to go with  
Custard

Fresh Fruit Bar,  
Yoghurt, Cheese and  
Biscuits, Jelly

### FRIDAY

**Cod in Batter**

to go with

Baked Beans

**Homemade Pizza**

to go with

Baked Beans

**Wrap**

to go with

Baked Beans, Chips  
with choice of fillings  
Grated Cheese, Ham Salad,  
Tuna Mayo

**Homemade Caramel Biscuits**

Fresh Fruit Bar,  
Yoghurt, Cheese and  
Biscuits, Jelly



# WEEK 2



**Choose from...**

## MONDAY

**Sausage**

to go with

Baked Beans, Mashed Potato

## TUESDAY

**Cheese Puff**

to go with

Baked Beans, Half Jackets

## WEDNESDAY

**Roast Beef & Yorkshire Pudding**

to go with

Broccoli, Carrots, Roast Potatoes, Gravy

## THURSDAY

**BBQ Chicken Fajitas**

to go with

Mixed Rice, Coleslaw Salad

## FRIDAY

**Fish Fingers**

to go with

Peas, Spaghetti Hoops

## Main

**Veggie Lasagne**

to go with

Sweetcorn, Homemade 5050 Bread

**Tomato Pasta**

to go with

Coleslaw, Mixed Pasta

**Vegetarian Toad in the Hole**

to go with

Carrots, Red Cabbage, Roast Potatoes

**Big Beans Chilli**

to go with

Mixed Veg, Sunshine Rice

**Pizza**

to go with

Baked Beans

## Vegetarian

**Sandwich/Baguette**

to go with

Tuna & Sweetcorn Mayo JP Filling

**Jacket Potato**

to go with

Carrots, Roast Potatoes with choice of fillings Ham Salad, Tuna Mayo

**Jacket Potato**

with choice of fillings

Baked Beans

**Wrap**

to go with

Baked Beans, Chips with choice of fillings Ham Salad, Tuna Mayo

## Combo

**Lemon Fudge Pudding**

to go with Vanilla Sauce

**Raspberry & Coconut Cake**

to go with Custard

**Blueberry Traybake**

**Fruit Flapjack**

**Butterscotch Tart**

to go with Custard

**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**

**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**

**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**

**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**

**Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly**



**...and to finish!**

Bread and Salad will be available at Lunch Times





# WEEK 3



**1** Choose from...

## MONDAY

**Beef Lasagne**

to go with

Coleslaw, Homemade Garlic Bread, Peas

## TUESDAY

**Beef Burger**

to go with

Baked Beans, Coleslaw, Potato Wedges

## WEDNESDAY

**Roast Gammon**

to go with

Broccoli, Cabbage, Carrots, Roast Potatoes, Gravy

## THURSDAY

**Chicken Tikka**

to go with

Mixed Rice, Garlic & Coriander Naan Bread, Peas

## FRIDAY

**Cod in Batter**

to go with

Baked Beans, Peas

## Main

**Quorn Filled Panini**

to go with

Sweetcorn, Tortilla

**Pea, Sweet Potato & Corn Croquette**

to go with

Coleslaw, Potato Wedges

**Macaroni Cheese**

to go with

Carrots, Gravy, Braised Leeks & Peas

**Thai Quorn Curry**

to go with

Sweetcorn, Lime & Coriander Rice

**Homemade Pizza**

to go with

Baked Beans, Chips

## Vegetarian

**Jacket Potato**

to go with

Peas  
with choice of fillings  
Baked Beans, Grated Cheese, Tuna Mayo

**Pasta**

to go with

Cauliflower  
with choice of fillings  
Homemade Tomato & Basil Sauce

**Wrap**

to go with

Broccoli, Carrots, Roast Potatoes  
with choice of fillings  
Grated Cheese, Ham Salad, Tuna Mayo

**Jacket Potato**

to go with

Sweetcorn  
with choice of fillings  
Baked Beans, Grated Cheese, Beef Bolognese, Tuna Mayo

**Wrap**

to go with

Chips, Peas  
with choice of fillings  
Grated Cheese, Ham Salad, Tuna Mayo

## Combo

**Vanilla Rice Pudding with Fruit and Jam**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

**Cherry Shortbread & Milkshake**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

**Pear Bakewell**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

**Strawberry Sponge**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

**Fruit Flapjack**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly



**2** ...and to finish!



Bread and Salad will be available at Lunch Times