

Parenting support

<p>Triple P - Positive Parenting Programme</p> <p>0115 876 3343</p>	<p>What is Triple P? Positive Parenting Programme, more commonly known as Triple P, is a behaviour support programme</p>
<p>Young Parents at Broxtowe Family Hub</p> <p>0115 8763888</p>	<p>Mondays 10am-12:00pm</p> <p>What is Young Parents Connect? Young Parents Connect is a peer support approach to mental health prevention within community settings...</p> <p>Broxtowe Children's Centre, The Corner House, 18 Strelley Road Nottingham NG8 3AP</p>
<p>Families Information Service</p> <p>0115 8765910</p>	<p>The Families Information Service (FIS) provides free information, advice and guidance about organisations and services for children, young people</p> <p>Nottingham City Council, Losley House Station Street Nottingham NG2 3NG</p>
<p>www.turn2us.org.uk</p>	<p>This website provides information on benefit entitlement and other grant giving charities</p>
<p>Kinship</p> <p>https://kinship.org.uk/</p>	<p>Support for families and friends who step up to raise a child</p>
<p>DWP – Universal Credit and Finances</p> <p>https://www.earlyhelplinebttingham.org.uk/support-for-families/living-and-working-in-nottingham/finances</p>	<p>Families on low income may be able to access other financial support. In Work/out of work benefits such as Universal Credit (UC), Personal Independence Payments (PIP), Disability Living Allowance (DLA), Carers Allowance (CA) and others. Families on low income and/or disability benefits may be entitled to cost of living payments</p> <p>Families struggling to meet their rent may be able to get help through the Discretionary Housing Payments Scheme (DHP)</p>
<p>Just Women's Aid</p> <p>24 hour helpline – 03009030030</p> <p>http://justwomensaid.org.uk/</p>	<p>Just Women's Aid is the largest domestic abuse organisation in Nottingham and one of the largest in the UK. We work with women, children, and teens who have been affected by domestic abuse in Ashfield, Broxtowe, Gedling, Nottingham City, and Rushcliffe</p>
<p>Citizens Advice</p> <p>http://www.citizensadvice.nottingham.org.uk/</p>	<p>Nottingham Central Library on a Monday or Thursday. The service runs from 10am to 3pm.</p>
<p>SWGFL – Online safety</p> <p>https://swgfl.org.uk/resources/online-safety-guidance-for-parents/</p>	<p>SWGFL is a not for profit charity ensuring everyone can benefit from technology free from harm.</p>
<p>The parenting Team</p> <p>0115 8765964</p>	<p>The Parenting Team comprises of six accredited Parenting Practitioners who provide a menu of group bespoke parenting interventions to parents/carer.</p>
<p>Triple P Family Transitions Programme for separated parents experiencing conflict in their relationship</p> <p>0115 8765964</p>	<p>Family Transitions Triple P is a five-week group programme delivered by the Parenting Team as part of the Reducing Parental Conflict Programme. It is designed for parents who are experiencing personal distress from their separation or divorce, which is impacting on or complicating their parenting.</p>
<p>Nottingham City SEND Local offer</p> <p>https://www.eskillon.co.uk/kb5/nottingham/directory/localoffer.page?directorychannel=7</p>	<p>A directory of services providing parents and carers with information and advice from parenting to SEND, including safeguarding issues</p>