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Dear Parents/Carers,

Relationships, sex and health education is extremely important for our young people. It aims to help them to understand their bodies and their emotions as well as preparing them for the next important stage in their lives.

We at Jubilee L.E.A.D Academy want our children to learn about this subject in a responsible, thoughtful and caring way. So we have devised a health, sex and relationships education program for your child. We have taken great care to ensure that it is tasteful and appropriate for your child's age and understanding. This program has been planned alongside the national guidelines to ensure the sessions are age appropriate.

The Year 6 pupils will take part in a program of sessions, which will begin in July 2024. These sessions will consider the physical and emotional changes at puberty, how babies are made and also cover the important area of consent and choice surrounding sex and their bodies.

Our RSE policy is available to view on our website at https://jubilee.nottingham.sch.uk/key-information/policies-and-documents/

Yours sincerely,

Year 6 team



